

## 2017 Tri Meet Progam

Time	Event no.	Event	Age	Specs	Venue
4.15	1	Hurdles 80m	u/13	76cm	
4.15	2	1500 m	U /13 & U/14		
4.15	3	Long Jump	u/13		LJ - 1
4.15	4	Long Jump	Open		LJ - 2
4.15	5	Shot Put	u/17	5kg	Shot - 1
4.15	6	Triple Jump	u/16		TJ - pit 1
4.15	7	High Jump	u/15		HJ - 1
4.15	8	Discus	u/14	1kg	Dis - 1
4.15	9	High Jump	u/14		HJ - 2
4.15	10	Triple Jump	u/15		TJ - pit 2
4.20	11	Hurdles 90m	u/14	76.2cm	
4.30	12	Hurdles 100m	u/15	83.8cm	
4.30	13	1500 m	u/15 & U/16		
4.35	14	Hurdles 100m	u/16	83.8cm	
4.45	15	Hurdles 110m	u/17	91.4cm	
4.45	16	1500 m	U/17 & Open		
4.45	17	Shot Put	u/16	4kg	Shot 2
4.50	18	Hurdles 110m	Open	91.4cm	
4.55	19	Discus	Open	1.5kg	Dis - 2
5.00	20	200m	U/13		
5.05	21	200 m	u/14		
5.10	22	200 m	u/15		
5.10	23	Long Jump	u/17		LJ - 2
5.15	24	200 m	u/16		
5.20	25	200 m	u/17		
5.30	26	Discus	u/17	1.5kg	Dis - 1
5.30	27	200 m	Open		
5.30	28	Triple Jump	u/14		TJ - pit 1
5.30	29	Triple jump	U/17		TJ - pit 2
5.35	30	800 m	U/14 U/13		
5.40	31	800 m	U/16 U/15		
5.45	32	Shot Put	U13	3kg	Shot 1
5.45	33	800 m	Open / U/17		
5.45	34	High Jump	Open		HJ 1
5.45	35	Long Jump	u/16		LJ - 1
5.45	36	Shot Put	u/15	4kg	Shot 2
5.55	37	100m	U/13		
6.05	38	100 m	u/14		
6.05	39	High Jump	U/13		HJ 2
6.10	40	Discus	u/16	1kg	Dis - 2
6.15	41	100 m	u/15		
6.25	42	100 m	u/16		
6.35	43	100 m	u/17		
6.45	44	100 m	Open		
6.45	45	Triple Jump	Open		TJ - pit 1
6.45	46	Triple Jump	U/13		TJ - pit 2
6.45	47	Shot Put	u/14	3kg	Shot 1
6.45	48	Long Jump	u/15		LJ - 2
6.45	49	High Jump	u/17		HJ - 1
6.45	50	High Jump	u/16		HJ - 2
6.45	51	Long Jump	u/14		LJ - 1
6.50	52	Discus	u/13	1kg	Dis - 1
6.55	53	Shot Put	Open	5kg	Shot 2
6.55	55	400 m	U/13		
7.05	56	400 m	u/14		
7.20	57	Discus	u/15	1kg	Dis - 2
7.15	58	400 m	u/15		
7.25	59	400 m	u/16		
7.35	60	400 m	u/17		
7.45	61	400 m	Open		
7.55	54	3000 m	Open		